

# NOTICE OF PUBLICATION



AQUAFISH COLLABORATIVE RESEARCH SUPPORT PROGRAM

## RESEARCH REPORTS

Sustainable Aquaculture for a Secure Future

**Title:** Plasma ghrelin and growth hormone regulation in response to metabolic state in hybrid striped bass: Effects of feeding, ghrelin and insulin-like growth factor-I on in vivo and in vitro GH secretion

**Author(s):** Picha, M.E., Strom, C.N., Riley, L.G., Walker, A.A., Won, E.T. Johnstone, W.M., and Borski, R.J.  
Department of Biology  
North Carolina State University  
Raleigh, NC 27695, USA.

**Date:** September 3, 2010 Publication Number: CRSP Research Report 09-A01

The CRSP will not be distributing this publication. Copies may be obtained by writing to the authors.

**Abstract:** The regulation of growth hormone (GH) secretion by ghrelin during variable metabolic states is poorly understood. We examined plasma GH and ghrelin in hybrid striped bass (HSB) undergoing seasonally-based feeding and temperature manipulations. Fasting for 21 days (d) at 24°C resulted in catabolism and up-regulation of plasma GH and ghrelin relative to fed controls. Continued fasting during cold-banking (14°C, 90d) resulted in a further 43-fold increase in ghrelin while GH remained elevated. A subsequent 19 day refeeding period at 24°C elicited hyperphagic and compensatory growth responses, accompanied by declines in ghrelin and GH. We then tested the role of ghrelin in stimulating GH release in vivo and in vitro. Intraperitoneal injections of ghrelin resulted in dose-dependent increases in plasma GH after 6 hours (h). Ghrelin also increased GH release from HSB pituitaries during 6 h incubations. Lastly, we assessed how metabolic state, ghrelin and insulin-like growth factor-I (IGF-I) affect in vitro pituitary GH release. Spontaneous GH release was 5.2-fold higher from pituitaries of fasted compared with fed animals. Ghrelin was equally effective in stimulating GH release from pituitaries of fed and starved animals, while it was ineffective in enhancing GH release from pituitaries of starved (21d) then refed (4d) HSB. Incubation with IGF-I inhibited GH release regardless of metabolic state. These studies are the first to show that seasonally-based periods of feed deprivation and low temperature yield sustained increases in GH secretion that are likely mediated, at least partially, through elevated ghrelin, reduced IGF-I negative feedback and fasting-induced spontaneous GH release.

This abstract was excerpted from the original paper, which was published in *General and Comparative Endocrinology* 161:365-372.

**CRSP RESEARCH REPORTS** are published as occasional papers by the Management Entity, AquaFish Collaborative Research Support Program, Oregon State University, 418 Snell Hall, Corvallis, Oregon 97331-1643 USA. The AquaFish CRSP is supported by the US Agency for International Development under CRSP Grant No. EPP-A-00-06-00012-00. See the website at <aquafishcrsp.oregonstate.edu>.